



# Professional f o o d s e r v i c e

## Seminar Menu

Our seminar package includes complete menu service for the entire day of your gathering. Begin with a continental breakfast followed by a lunch buffet and afternoon break of your choice.

Whether hosting at one of our exclusive venues or the location of your choice we look forward to working with you to ensure a successful seminar.

Seminar pricing includes single use napkins, plates, utensils and coverings for your buffet ... 14.95 per person

Assorted sodas and bottle water may be added to your lunch and break deliveries for an additional 2.00 per person. We will provide two beverages on ice per guest.

### Continental Breakfast

#### Select three

Danish, bagels with cream cheese, fried rolls, doughnuts, filled croissants, muffins or strudel sticks.

#### Select one

Sliced fresh seasonal fruit tray, fresh fruit compote, basket of whole fruit  
*Includes regular and decaf coffee with condiments and assorted juices*

### Lunch

#### Select one buffet

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Choice of soup with crackers  
*soup selections as follows: chicken wild rice  
chicken noodle, vegetable, tomato or beef barley*

Cut sandwich tray

Fresh vegetables with dill dip

Creamy potato salad

Assorted dessert tray

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Assorted meat and cheese tray  
with sliced tomatoes, pickles and olives  
includes sandwich condiments, bread, croissants and rolls  
Spinach salad with bacon and mushrooms and dressing

Pasta salad

Assorted dessert tray

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Turkey wild rice casserole

Vegetable medley

Tossed salad with assorted dressings

Rolls and butter

Assorted dessert tray

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BBQ beef on an onion roll

Carrots in dill sauce

Frito chips

Relish tray

Assorted Dessert Tray

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# *Professional* f o o d s e r v i c e

Chicken stir fry  
with chow mein noodles and soy sauce  
Steamed white rice  
Oriental coleslaw  
Rolls and butter  
Fortune cookies and dessert

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Chef salad buffet  
Includes assorted dressings  
Breadsticks and butter  
Assorted bar and cookie tray

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Beef or chicken taco buffet  
includes hard and soft taco shells, shredded lettuce, green pepper,  
diced onions, sliced black olives, diced tomatoes  
shredded cheese, salsa and sour cream  
Spanish rice  
Fresh fruit compote  
Bar and cookie tray

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Lasagna ( beef, cheese or spinach )  
served in increments of 10  
Relish tray  
Caesar salad with dressing  
Breadsticks  
Bar and cookie tray

## **Afternoon Break**

Choose one (delivered with lunch)

Cubed/sliced cheese tray with crackers  
Pretzels and popcorn  
Mini gold fish crackers  
Individual yogurt (flavored or plain)  
Trail mix with dried fruit  
Assorted bar and cookie tray

Staffing is available for 25.00 an hour with a 4 hour minimum. There is a 15% service charge on all staffed events. Appropriate delivery charges and taxes apply and are not included in the per person price.